"Check out the report cards. Previous HQ PACAF inspec-

What makes a good parent?

See page 2

Wing Commander's Call

Brig. Gen. Dave Scott, 354th Fighter Wing commander is holding a base-wide wing commander's call at 7:30 a.m. and 3 p.m. April 21 at the base theater.

Don't create waves

All base members are asked to be courteous while driving through puddles and slush during "break-up." Please be considerate of your fellow Airmen.

tion reports can be viewed at: https://www.hqpacaf.af.mil/ig click on Inspection Reports."

"To Fight and Support the Fight - Any Time, Any Place

Iceman wins AF Leo Marquez Award

by Airman 1st Class Justin Weaver 354th Fighter Wing Public Affairs

An Iceman from the 354th Aircraft Maintenance Squadron recently took top Air Force honors, receiving the Lt. Gen. Leo Marquez Award as the Outstanding Aircraft Maintenance Technician of

"Senior Airman Andrew Wetzsteon is a staff sergeant in senior airman stripes," said Master Sgt. Timothy Ormand, 354th Aircraft Maintenance Squadron aircraft section chief. "He is by far our 'heavy hitter' on the flightline. He is always directly involved in whatever maintenance is going on at the

time and he is constantly looking to help fellow crew chiefs whenever he can lend a hand."

Airman Wetzsteon's eagerness to excel at his job and to tackle additional duties played a large part in him being chosen for this award, Sergeant Ormand said. His accomplishments read like that of a seasoned veteran.



"When I found out that I won the award I was

shocked at first, but I also felt honored to represent the Air Force and Eielson," said Airman Wetzsteon. "I credit my peers, my supervisor and my flight chief for helping me excel at work. They drive me to learn as much as I can about my job." Learning everything he could about his job

helped Airman Wetzsteon maintain a 100-percent pass rate on all maintenance inspections during 2005 and allowed him to flawlessly manage and maintain the 18th Aircraft Maintenance Unit landing gear ship-set.

His attention to detail and prompt response to an F-16 brake fire ensured the fire was quickly extinguished, preventing a potentially disastrous situation.

Additionally, he was named "Crew Chief of the Month" for April, May and August 2005.

Furthermore, his dynamic performance during Exercise AIR WARRIOR 05-02 led to 288 sorties flown, maintaining a 94-percent mission capable rate, and his selection as the 18th Aircraft Maintenance Unit's "Outstanding Performer" during his deployment.

"Airman Wetzsteon's leadership inspired his crew to maintain an astounding 96 percent mission capable rate on his aircraft, crushing the Pacific Air Forces' standard by 14 percent," said Sergeant Ormand. "His efforts were key to a successful flying year with more than 5,542 hours flown to date."

Inaugurai

Red Flag

Alaska

begins

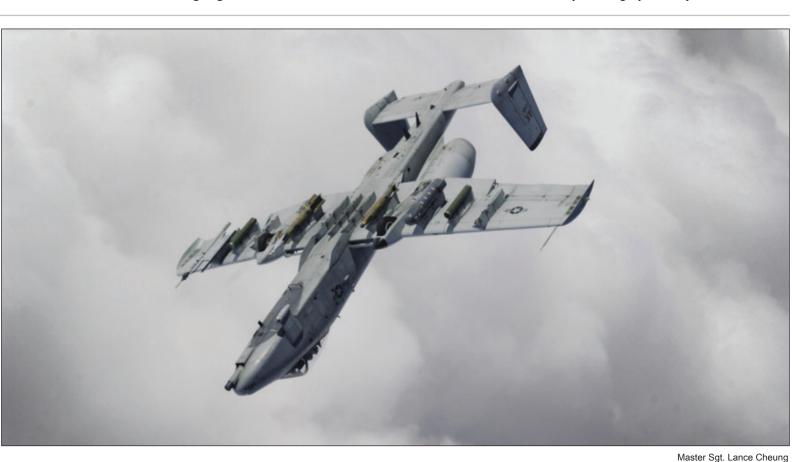
based in Alaska.

Thursday

More than 500 Airmen and 50 aircraft begin operations at Eielson as part of the first-ever Red Flag Alaska, the Air Force Chief of Staff's premier combat training exercise

Red Flag Alaska trains various aircrews for war and

gives them realistic scenarios mirroring those they may be



Capt. Nick DiCapua maneuvers his A-10 Thunderbolt II observation attack aircraft to resume his low-level close air support mission below after completing an air refueling with a KC-135

recently. Capt. DiCapua is deployed to the 355th Expeditionary Fighter Squadron, Bagram Air Base, Afghanistan, from the 355th Fighter Squadron.

'My Stuff' lets Airmen track requests

Airmen can now track the status of requests and correspondence sent to the Air Force Contact Center via the "My Stuff" tab on the Air Force Personnel Center public Web site.

Airmen need a separate user identification and password to access My Stuff because the new software cannot be accessed at this time with the reduced sign-on capability used by the Air Force Portal and the AFPC Secure site.

The system automatically created a generic user ID and password for Airmen who previously corresponded with the contact center. Those members should have received an e-mail from contact.center@randolph.af.mil requiring them to personalize and secure their account by establishing a unique password.

Members who did not receive this e-mail

Air Force Village

Indigent Widows'

Fund

FORCE ENLISTED

either already secured their account with a unique login and password or they have never corresponded with the contact center.

A generic account has already been established for all Airmen who have not yet interacted with the contact center, since they may be required to do so in the future as part of the Personnel Service Delivery Transformation.

Members can personalize their generic account by visiting the AFPC public Web site at http://www.afpc.randolph.af.mil and following these instructions:

- Click the My Stuff gray tab on the front page underneath the search box

- Type their generic user ID and click the "Email Me My Password" button. The generic user ID is the member's last name and last four digits of their social security number

- Once the system e-mails the password, members can use their generic user ID and password to login and personalize their account by creating a unique user ID and password.

Establishing the My Stuff account will help Airmen track any requests, applications or questions they have sent to the Air Force Contact

For questions or issues regarding establishing a My Stuff account, call the contact center at (800) 616-3775, option 1, option 1, option 2; commercial (210) 565-5000; or DSN 665-

Courtesy of Air Force Personnel Center News Service

THE GENERAL AND MRS.

called upon to perform during combat. A team of "aggressors" from the 64th Aggressor Squadron at Nellis AFB, Nev., will also participate in this event. This is the first time the 64th Aggressor Squadron will attend an exercise at Eielson AFB. The exercise runs until May 5. Other units scheduled to attend this exercise are: the 75th Fighter Squadron (A-10), Pope AFB, N.C.; 175th FS (F-16C), South Dakota Air National Guard; 63rd FS (F-16C/G), Luke AFB, Ariz.; 909 Air Refueling Squadron (KC-135), Kadena Air Base, Japan; 60th Air Mobility Wing (KC-10), Travis AFB, Calif.; 93rd Bomb Squadron (B-52H), Barksdale AFB, La.

Take Back the Night March

In recognition of Sexual Assault Awareness Month, all men, women and children of the Eielson community are invited to participate in the annual Take Back the Night march.

A rally will kick-off the event at 7 p.m. at the Interior Alaska Center for Non-Violent Living located at the Wise Family Center on 726 26th Ave., followed by a 7:30 p.m. march and reception.

"The main focus of this event is to demand an end to rape, sexual assault, domestic violence, incest and sexual harassment," said Capt. Tina Baker, 354th Fighter Wing Sexual Assault Response Coordinator. "The highlight of Take Back the Night is the march, when traditionally women walked through the night and reclaimed the streets."

Take Back the Night is an international tradition that cities around the world have participated in since 1973. The first Take Back the Night event was held in Germany in 1973 as a response to a series of sexual assaults, rapes and murders. Five years later, more than ten thousand people marched down residential streets and in the area where strip joints, peep shows, pornography theaters, massage parlors, and brothels lined the streets. The event was the largest anti-pornography march in the history of the women's movement.

"Since 1995, Alaska has had the highest incidence of rape in the nation," said Capt. Baker. "Please come out and show your support for this very important event and help do your part to put an end to sexual violence."

For more information about the march, call 377-7208. Courtesy of the 354th FW/SARC office.

AFAF benefits Airmen

As the Air Force Assistance Fund "Commitment to Caring" campaign enters its last two weeks, project officers have contacted 71 percent of the Iceman Team. Now in its 33rd year, 100 percent of designated AFAF contributions will benefit active-duty, Reserve, Guard, retired Air Force people, surviving spouses and families. Last year, Airmen exceeded the campaign goal by contributing more than \$7.3 million.

For a list of unit representatives, go to https://intranet.eielson.af.mil/AFAF/POCs.htm.



ICEMEN DEPLOYED

Today

Partly Cloudy

Sunrise: 6:21 a.m. Sunset: 9:24 p.m. Daylight: 15 hrs. 3 min.

Saturday

High 30, Low 10 Mostly Cloudy

WEEKEND WEATHER

Sunrise: 6:17 a.m. Sunset: 9:27 p.m. Daylight: 15 hrs. 10 min.

Sunday

High 40, Low 15 Mostly Cloudy



Sunrise: 6:14 a.m. Sunset: 9:30 p.m. Daylight: 15 hrs. 16 mins.



High 30, Low 10

Overseas returnee, CONUS assignment listing available

The Enlisted Quarterly Assignment Listing for Airmen returning from overseas and continental United States mandatory movers from August through October became available Tuesday.

Airmen can work through their military personnel flight or their commander's support staff to update their preferences. Deployed Airmen must work with their personnel support for contingency operations representative to update assignment

Assignment preferences must be updated by April 27. If selected, Airmen will be notified no later than May 15, according to Air Force Personnel Center officials.

EQUAL advertises upcoming as- News.

signment requirements by Air Force specialty code and rank. Airmen should review, prioritize and update their assignment preferences based on the EQUAL list.

Airmen can view the list on the AFPC Web site at www.afpc.randolph.af.mil or at local MPFs.

Courtesy of Air Force Print

EPLOYMENT CORNER



Lt. Col. Charles Osteen, 353rd Combat Train- down after reaching 3,000 flying hours in his Aing Squadron, attempts to avoid being hosed 10 Warthog at a deployed location recently.

It's official: Andersen host unit now 36th Wing

12 marked the public designation of Andersen's host unit as the 36th

The re-designation was officiated Force commander.

"Andersen is increasing in importance," General Rice said. "This location gives us great flexibility to deploy and employ our forces through-

Formations and a ceremony April out the Pacific. We'll take maximum advantage of it being at the tip of the strategic triangle that includes Alaska and Hawaii."

The ceremony included the unfurlby Maj. Gen. Edward Rice, 13th Air ing of the new 36th Wing flag in front of group formations, local government and civic leaders and Department of Defense employees.

The official designation of the wing previously was the 36th Air Base Wing,

and the wing was using a temporary designation of air expeditionary wing. This change in the wing's official designation better aligns Andersen with its mission statement:

"To provide a U.S.-based lethal warfighting platform for the employment, deployment, reception, and throughput of air and space forces in the Asia-Pacific region."

Courtesy of Pacific Air Forces.

Got improvement ideas?

ase 24/7 wants to hear from you. **B.A.S.E. 24/7**, stands for: **B**uilding Relationships, **A**dvancing Airmen's Issues, **S**upporting and educating the community and **E**nhancing the "Eielson experience" on and off duty. If you have an idea or suggestion to improve the qulatiy of life on base,e-mail base247@eielson.af.mil.



What makes a good parent?

Children give parenting tips during Child Abuse Prevention Month

April is Child Abuse Prevention Month and Family Advocacy asked youth at Anderson and Crawford Elementary Schools for their ideas about what makes a good parent. The children's ideas were made into a booklet to bring tips to parents in a fun and lighthearted way. Booklets can be picked up at the Family Advocacy office at

Children's parenting tips:

- Take time to hang out with them
- By bikes so we can ride and not be lazy - Give your child two fruits and three vegise evry day
- Don't say bad words around children
- Hang out more as a family
- Stop making me eat brocly
- whene they ask qustuns they learn - Don't yell! It doesn't help

- Ancer youre kids questions because

- When you are in the grocery store don't emberess your kid because they will not really get the lesson
- Don't buy beer all the time
- Introduce dirt and animals to your kids at earliest age so they can become immu7ne
- Don't frop the F bom every second
- Talk to them about the news - Stop talking about how bad your kids

- Take anger management if you get mad
- Tell mo more about when you were a
- No egnoring
- Treat your kid like you would want to be treated when you were a kid
- Don't be a chaperone at my prom
- They can be your friend
- Give elowints
- No groudation
- Encourage your children to do any thing they set their mind too
- Don't do faverits
- Do not eat my mom's meet lofe

Family Advocacy offers many parenting programs to make raising children "Family Advocacy Prevention programs

focuses on healthy families," said Jackie Dunn, 354th Medical Operations Squadron family advocacy outreach manager.

"It is the job of the prevention staff to assist families in maintaining happy, healthy relationships in the home. One area of focus has always been to support parents as they are raising children, often without the support of the extended family."

For more information on classes, call Family Advocacy at 377-4041.

Courtesy of 354th MDOS/FA

Preventing child abuse

354th Medcial Operations Squadron Family Advocacy Outreach Manager

Communities that care about their children and families work together to find solutions to tough problems - like child abuse. Eielson is a community that cares about its families and once again joins together to celebrate April as Child Abuse Prevention Month. Each year child protective service agen-

cies receive more than a million reports that children are being abused or neglected. Sadly, more than three children die each day in this country as the result of child abuse. The National Committee to Prevent Child Abuse reports that 88 percent of these child fatalities occurred with children under the age of five. The effects of child abuse, which can

be mental, physical, or social in nature, are sometimes obvious even decades later. Suicide, violence, delinquency, drug and alcohol abuse, and forms of criminality are frequently child abuse related. Research also shows that children who see others being abused, or have been abused themselves, are six times more likely to abuse a spouse or child when they become adults than those raised in a home without violence.

Stopping this cycle of abuse is the goal of the Eielson Family Advocacy Office, not only during Child Abuse Prevention Month, but throughout the year. But Family Advocacy alone can not stop child abuse. Community awareness is an important part of the prevention of child abuse in our Eielson community. By preventing child abuse today, you can help reduce the number of children who grow up to abuse their children. Stopping the cycle of child abuse is one way to ensure a brighter future for all our children.

The **Outreach Program** is a component of family advocacy that focuses on healthy families. It is the job of Outreach to assist families in maintaining happy, healthy relationships in the home. One area of focus has always been to support parents as they are raising children, often without the support of extended family.

Three programs in particular have been developed for parents who want to learn effective ways to deal with their children's behaviors. The New Parent Support Program, also known as Polar Babies, offers education and support to parents from pregnancy through the baby's first few years of life. The program is managed by a nurse who offers a variety of services based on the needs of the parents. Recent research confirms the importance of a child's early environment in shaping brain development and the capacity to learn.

Girls and Boys Town Common Sense Parenting is a popular, skill-oriented class on Eielson. Boys Town has been parent to more than 20,000 young people and now their experiences are available to you in a four-session workshop. The methods taught are logical and easy to use and help parents teach children to be more responsible and express their feelings in positive ways, while decreasing problem behaviors. A toddler and preschool version of Boys Town is offered, along with a version for parents with school-age children.

Call family advocacy at 377-4041 to find out about the next available class.

— DWI CLOCK —

The Iceman Team goal is 60 days without a DWI.

Days without a DWI: 26 Days until **goal: 34**



Need a free ride home from the North Pole area or on base? Call: 377-RIDE from 10 p.m. to 4 a.m. Friday and Saturday nights

rides back to base.

Need a ride home from **Fairbanks**? Call: Klondike Cab, at 457-RIDE (7433) for discounted

======= AADD Volunteers =

Airmen Against Drunk Driving volunteers gave 23 rides last weekend and have 'saved' 4,763 lives to date.

Special thanks to last week's Icemen volunteers for helping keep our Airmen safe.

Senior Airman Theron Calfee Airman 1st Class Patrick Trexler Airman Brian Stocks 2nd Lt. Jebediah Purcell 2nd Lt. Matthew Lee Senior Airman Keith St George Senior Master Sgt. Jeffery Ratcliff Tech. Sgt. Jean Guy Fleury Airman 1st Class Mike Black Senior Airman Julio Perez

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The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the Department of Defense or Fairbanks Daily News-Miner of the products and services advertised. Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit or merit factor of the purchaser, user or patron.

Editorial content is edited, prepared and provided by the public affairs office of Eielson AFB. All photos are official Air Force photos unless otherwise indicated. The deadline for submission of articles for publication in the *Arctic SENTRY* is 4 p.m. Friday, seven days prior to the publication date.



Commander's Hotline 377-6100

The Hotline is your opportunity to get your issues and comments directly to me so I can address

Before you call the hotline, however, I strongly encourage you to give the unit involved, your first sergeant or commander a shot at resolving the issue. The Iceman Team takes care of its own, but you should give these people the chance to help. Please leave the names and organizations of the people you've contacted who have been unable to satisfy your concern, and I will look into the problem.

Your confidentiality will be respected at all times. Thank you!

Brig. Gen. Dave Scott 354th Fighter Wing commander

Newspaper deadlines

ARCTIC SENTRY deadlines are close of business Friday prior to the following Friday's publication. E-mail submissions to editor@ eielson.af.mil.

Story ideas?

THE ARCTIC SENTRY staff seeks to provide its customers with informative stories about the Iceman Team. E-mail story ideas to: editor@eielson.af.mil.

Completing the mission

Airmen, Soldiers, Sailors join together

by Col. Paul Johnson 455th Operations Group commander

Greetings from Bagram Air Base, Afghanistan. Many of you have had the opportunity to deploy and several others have not. While the thought of deploying can be overwhelming, the experience is invigorating, the mission crucial, and the learning life-long.

I'd like to take a moment to give the Icemen at home station a glimpse into the world of deployed operations and a different perspective all services play in fighting the good fight. Many of you are familiar with the wing structure and understand the role the 354th Operations Group plays in the mission and the wing.

As we all settle into life in and around Bagram Airfield, I would like to elaborate on the role the 455th Expeditionary Operations Group plays within our wing at Bagram. The operations group has come a long way since 2002 when the first four A-10s landed here after launching from Kuwait to fly sorties in support of Operation Anaconda. Since that operation, there's been a constant presence of Air Force aircraft here.

While our A-10s have been present from the beginning, we've steadily added different types of aircraft to ensure we accomplish the missions assigned. With that in mind, here's a quick rundown of the units within the group. For those unfamiliar with Bagram and our missions here, you might be surprised

to find a Navy squadron present on the ramp. Cmdr. Chuck Winter, VAQ-133 commands the "Wizards," based out of Whidbey Island Naval Air Station, Wash. They fly the EA-6B Prowler Electronic Attack aircraft. Members of the 41st Expeditionary Electronic Combat Squadron perform a similar mission with their EC-130. Although only a portion of a full squadron, they consistently maintain astounding mission capability rates. Lt. Col. Pat Keenan, 41st EECS commander, leads the unit deployed from Davis-Monthan Air Force Base, Ariz. The senior residents on the ramp here are the A-10s. Currently the rotation is being manned by the 355th Fighter Squadron, under the command of Lt. Col. Quentin Rideout.

The A-10s are here to provide around-the-clock close air support to U.S. and Coalition ground forces. An often unnoticed, yet critical, member of the team is the Expeditionary Aeromedical Evacuation Squadron. Lt. Col. David Sullivan, EAES commander, leads the group from the Wyoming Air National Guard.

If a wounded or seriously ill service member requires a medical evacuation out of the region, the professionals of our EAES will care for him throughout the journey. We all hope we don't need them, but if we do, we're thankful they are part of our team.

As a part of ongoing evaluations of manning requirements in Central Air Force's region, the EAES will downsize



"While you're home at Eielson, we support one another as Icemen, and we take that same attitude when we deploy to support the mission, whatever the uniform may be."

Col. Paul Johnson 455th Operations Group commander

somewhat in the next couple of months. However, the number of crews and their capability will not diminish in any way. The newest member of the 455th EOG is the 774th Expeditionary Airlift Squadron. Lt.Col. Ken McDaniel, 774th EAS commander, and his squadron have traveled a long road to get here. Previously we had C-130s based in Uzbekistan who then subsequently moved to Manas, Kyrgyzstan.

In early January 2005, the 774th was officially activated here as a part of the operations group. They're comprised of members of several different ANG squadrons; what we sometimes call a rainbow unit.

Bringing aircraft and people from several different units for a rotation presents unique challenges for both operations and maintenance, but the 774th is making it look easy. That's a thumbnail sketch of our operations group here in Bagram

With the change of AEF cycles, most of you will have an opportunity to deploy. I would like you to walk away remembering three things.

First, this isn't just an Air Force show. We can't get the job done here without our Navy brethren, and they do it very, very well.

Second, this is truly a total force operation. Beyond the ANG makeup of the 774th there are Reservists and Guardsmen serving throughout the wing.

Finally, the 455th EOG is a support organization. There are Soldiers, Sailors, Marines, Airmen and our coalition partners who work and live in harm's way and in amazingly isolated locations. It's the exceptional privilege of the 455th EOG to provide maximum support to them any way we can. While you're home at Eielson, we support one another as Icemen and we take that same attitude when we deploy to support the mission, whatever the uniform may be.

Chief helps rebuild Afghan National Army

Chief Master Sgt. Erik Wineland

354th Logistics Readiness Squadron

The sun is rising in Pol e Charki, Afghanistan and as chief Air Force advisor to the Afghan National Army's 201st Corps' Sergeant Major we have been discussing a strategy for standing up a commando platoon in preparation for Afghanistan's first ever joint exercise.

The sunrise this morning marks the beginning of a bright sunny day and a bright future for the fledgling Afghan National Army.

Sgt. Maj. Shamsadiin and I are on a mission to build the non-commissioned officer corps from the bottom up – and the commando platoon marks the first significant challenge for these senior NCOs and the

young army.

"The NCO is the backbone of any armed force and ours is no different," said Sgt. Major Shamsadiin. "If we are to succeed in building our army and preserving freedom in our country, then we must begin with the NCO."

The Sergeant Major and I have been doing just that.

Together, we have implemented training and mentoring plans for the young enlisted personnel on the camp. We regularly visit the soldiers and work tirelessly to respond to the many problems facing the

young army and enlisted corps.
Illiteracy and innumeracy
in the ranks are a very real
problem. We have implemented
beginner's English courses for
the soldiers because much of the
best information is written or

spoken in English and we want to open that door for them.

"The Chief has paid for the books from his own pocket and for that, I am truly grateful," says Sergeant Major Shamsadiin. "He is a good senior NCO and I am proud to call him my friend"

As I to return to the United States, Sergeant Major Shamsadiin will stay behind to continue building his army.

"The American soldiers have traveled a long way to help us and we are thankful," said Sergeant Major Shamsadiin.

The friendships I have made here will last forever.

"When Afghanistan becomes strong, America will have an ally and I will visit the Chief's home so his wife can cook us spaghetti," Sergeant Major Shamsadiin said with a smile.



Chief Master Sgt. Erik Wineland, 354th Logistics Readiness Squadron, meets with Sgt. Maj. Shamsadiin, Afghan National Army's 201st Corps, right, to discuss strategy for a commando platoon in Afghanistan.

Arctic Community

Learn and First 100 people to sign up for a class Earn receive a \$100 ITT gift certificate

To help military members, spouses and youth combat deployment related stress, Family Advocacy is offering free Learn and Earn classes. The classes are open to all active duty, spouses and youth. The first 100 people to sign up for a class will receive a \$100 Information, Tickets and Tours gift certificate. Classes available are:

Bullying: What You Need to Know

What is bullying and why does it happen? This sessions will provide helpful hints for dealing with bullying.

God Investigation Group

How do block-buster movies like "Pulp Fiction," "The Matrix" or "The Wedding Singer" correlate with the seven miracles of Jesus? GIG will meet for seven consecutive Sundays (you need to attend only the first class to be eligible for the gift certificate) and will explore the seven signs of Jesus of Nazareth.

Tips to be Tobacco-free

Learn how to improve your chances of quitting and staying tobacco-free. **Nutrition: What You Pay for Vending**

An interactive session on healthy eating to include portion control, vending machine choices, and beverages of

"Welcome Home" Art Project

Make a special sign or card to welcome home a parent who will be returning home from deployment. Supplies provided.

ASYMCA and Operation Purple

Come learn about the Armed Services YMCA; who they are, what they do and what services they offer. Learn about Lost Lake Operation Camp Purple, a week-long resident camp for military

Come to the Table

family meal. Eating away from the table has negatively affected not only eating habits and food choices, but mental health, academic performance and family wellness.

What NOT to Wear

Hate everything in your closet? Ladies, this class is for you.

Deployment Finances 101

Come learn some basic information on how to manage all the extra money received during deployment. We will discuss some do and don'ts with credit cards, big-ticket purchases, budgeting, investing and avoiding payday loans. **Totally Teen Parenting Tips**

strategies than younger children do. Are

you struggling to get your point across to your teenager? **Teen Chat**

Teens respond to different parenting

This class offers ideas and solu-Learn about the importance of the tions for getting your teen to com-

municate with you.

He Said, She Said

This session looks at the different ways men and women communicate. There is a reason women use three times as many words in one day than their partner, yet sometimes they are still not being heard.

Preventing Problems with Your School Age Child

Preventive Teaching is easy to learn and can have a dramatic impact on changing a misbehavior you've been experiencing in your house.

Winning at Parenting without Beating

Learn new parenting strategies. Parenting professionals will also be on hand to answer specific questions.

Oh Baby, Your Baby

This class will be a question and answer session with the New Parent Support Nurse. This interactive session will allow new moms and dads the chance to learn about child development and meet other parents also experiencing the joys of parenthood.

CYBER Bullying:

Is your child a victim of cyber bullying? Then this class is for you.

All Classes take place at the community center unless otherwise specified.

Today: Oh Baby, Your Baby, 11 a.m. to noon

Tuesday: ASYMCA Programs, 6-7 p.m.

Wednesday: Preventative Teaching,

6-7 p.m. Thursday: Winning at Parenting,

1:30-3 p.m. April 24: Welcome Home Art, 3-4

April 26: What not to wear, 11:30 a.m. to 1 p.m. and 6-8 p.m.

April 27: Tips to be Tobacco Free,

11 a.m. to noon April 30: God Investigation Group,

Airman's Cafe Bldg. 2333, 7-8 p.m. May 3: Teen Chat, 6-7 p.m. May 4: He said, She said, 11 a.m.

to noon May 5: **Nutrition**, 11 a.m. to noon May 8: Oh Baby, Your Baby, noon

For the full list of classes or to sign

up, call Family Advocacy at 377-4042 or 377-4041.

Thunderbirds Showline

48. Vesicle

51. Bagatelle

Fighting)

68. Road

1 Drain

4. Jogged

6. Halt

7. Sault

8. Bar bill

2. Utmost degree

3. Pie mode

49. Ancient Peruvian

50. Boxing legend

54. Squirreled away

60. Thunderbird formation 65. 1983 Thunderbird plane (F-16A

66. Covered by GEIKO

67. Computer inputing

DOWN

5. Tolkien tree shepherds

9. Alaska Native knife

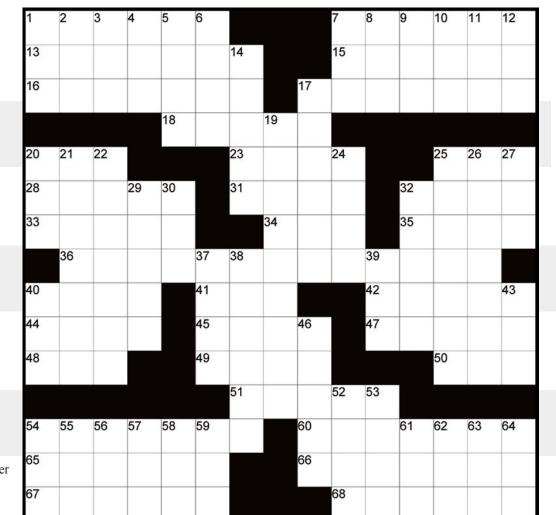
10. DoD counterpart

Marie

ACROSS

- 1. Traps
- 7. Photographer's establishment
- 13. Georgia town
- 15. 1974 Thunderbird planes (T-
- 16. 1969 Thunderbird plane (F-4s)
- 17. Galaxies
- 18. Petiole
- 20. loss for words
- 23. Foster film
- 25. 1st Thunderbird plane; F-84G Thunder (1953)
- 28. Thunderbird formation
- 31. Norway capital
- 32. Indolent 33. Trove
- 34. Bad USAF PIF item
- 35. out a living
- 36. 1955 Thunderbird plane (F-
- 40. Ancient Semitic god
- 42. Perfume iris
- 44. Opera highlight
- 45. Mil. field meals 47. Acetate
- 41. Hearing tool
- _ jiff 12. CIA precursor
- 14. Body acid
- 17. Thunderbirds home station
- 19 Revive

- 20. Alphabet beginning
- 21. New Zealand reptile
- 22. Dated
- 24. Attic 25. Indonesian capital
- 26. Hebrew prophet
- 27. Cobb and Pennington
- 29. Hall of Fame coach Don
- 30. X, to Cicero
- 32. Looks with malice 37. Actress Moore
- 38. Brought in
- 39. Caviar starter
- 40. Mil. entitlement
- Lanka
- 46. Arabia denizen 52. Dull roars
- 53. Compass point
- 54. To the rear
- 55. Spring month
- 56. European mount 57. Movie genre -fi
- 58. Male child
- 59. School subj.
- 61. South-central Austrian river
- 62. NW state
- 63. Formerly
- 64. Banned pesticide



YUKON CLUB

9 pm to 2 am Tonight!!

The only club within 100 miles that's open to 18 and up

NOVERH

Midnight Drawing - Prizes include:

Creative Labs 512mb mp3 player **Movie Tickets**

AAFES Food Vouchers and other giveaways







BASE 24/7

Cynthia Sullivan, Eiel-

son Thrift Shop Chair-

person, sorts through

various children's toys

Thursday at the thrift

shop. Mrs. Sullivan vol-

unteers more than 120

hours per month at the

thrift shop. The thrift

shop is open 6-9 p.m.

Tuesday and 10 a.m. to

2 p.m. Thursday. Con-

signments and dona-

tions are accepted. Call

377-5274.

Volunteers: Heart, soul of Eielson

Whether your job is to keep jets flying, feed the troops, provide power to the base or diagnose an illness, you are critical to mission accomplishment.

We couldn't fulfill our mission requirements if it weren't for you. But there's another group of people equally important, but with a far different role. It's our volunteers.

Volunteers have always been important, but in this age of personnel and program cuts, our volunteers are the backbone of many base programs. They work in the library, the Thrift Store, the Airman's Attic, and the family support center. They tutor students and work at the clinic.

Then there's the youth center, the teen center and community center – need I go on? Oh yeah, they coach the swim team, little league and more. These wonderful people donate countless hours to provide a better life for Eielson personnel.

Through our volunteer program we save the base thousands of dollars in salary and man-hours. But that's not the real benefit. That honor goes to the good feeling that volunteers get from knowing they're making a positive impact on our base.

The volunteer program is the heart and soul of our base, because our volunteers come from throughout the Eielson community. They're the staff sergeant next door, the Airmen in the dorms, the spouse of your commander, and your supervisor's son or daughter. That volunteer just might even be you.

If you're looking for an outlet to share some of your talents, please consider the volunteer program, we have a place just for you. Interested? Please call the family support center at 377-2178 for volunteer information.

Courtesy of the FSC.



Tech. Sgt. William Farrow

COMMUNITY BRIEFS

Professional classes offered

Professional development classes are offered Tuesdays from 2-4 p.m. The next class, Leadership Enhancement, is Tuesday and an Army 101 class is available April 25. For more information, or to reserve a slot for the classes, call Senior Master Sgt. Charles Rogers at 377-7829.

IDEA program incentives

Submit an eligible idea to the IDEA program between April 15 - May 15 and receive a gift of your choice for participating. Gifts include camping and fishing equipment, luggage carts, coffee mugs and more. In addition, submitters receive a monetary award (minimum \$200) if the idea is approved. To submit your idea, go to https://ipds.mont.disa.mil. Upon receiving an e-mail notification that the idea is eligible, stop by the Eielson IDEA office, room 390 Amber Hall, and select a gift. For more information call 377-IDEA.

EOSC social

An Eielson Officers' Spouse's Club social, Alaskan Bingo, takes place 6:30 p.m. Thursday at the Aurora Club. Reserve a seat by Monday. Call Andrea Tuthill at 372-3849 or *tutsplace@yahoo.com*.

Summer sessions

University of Alaska Fairbanks Summer Sessions is offering a limited number of tuition waivers for undergraduate study on the UAF campus. Applicants must be 18 years of age or older and have accumulated 10 or fewer credits. Waivers will be awarded for one to four credits per student for tuition only. Forms are available online at www.uaf.edu/summer/info/tuition or by calling UAF Summer Sessions at 474-7021.

Youth coaches needed

The youth center is looking for volunteers to coach youth T-Ball and baseball teams this summer. Officials are also needed to umpire games in June and July. Player registration is open for ages 5-13 until April 30. If interested, please contact Sarah Nolin at 377-1069 or *sarah.nolin@eielson.af.mil*.

Car wash

A car wash, hosted by the Mid-Tier Association, takes place noon to 5 p.m. Saturday at Red Flag Alaska.

Car wash

A Ben Eielson High School Grad Bash Car Wash takes place 9 a.m. to 2 p.m. April 22 at the Joint Mobility Center.

Off limits

The Combat Arms firing range is off limits to unauthorized personnel. Privately owned weapons may be fired at the Combat Arms range by appointment 7 a.m. to 4 p.m. Monday-Friday. To make an appointment, contact an instructor at 377-2168.

Drama presentation

Ben Eielson Junior/Senior High School presents The Lion, The Witch, & The Wardrobe, live at the Ben Eielson Theatre 7 p.m. April 28-29. Tickets are \$5 for adults, \$3 for students and children. Call 372-3110 ext. 94116 for more information.

Fire safety tip

Icemen are reminded to check all exits at work and at home to ensure none of them are blocked with ice and snow. If you find a blocked exit, bring it to the attention of a supervisor, facility manager or just clear it out yourself.

Players, coaches needed

Players and coaches are needed for the base varsity baseball team. To apply for a coaching position, submit an Air Force form 303 at the Eielson fitness center. Tryouts are 5 p.m. Saturday. Call 377-1925.

Operation Purple:Volunteers needed

The Armed Services YMCA is looking for volunteers to help staff Operation Camp Purple summer camp. Operation Purple is a week-long resident camp for children who are coping with the deployment of one or both parents. Camp runs from July 9-15 at Lost Lake Scout Camp at 60 mile Richardson Highway, across from Birch Lake. Overnight chaperones are needed to stay with groups of 10-14 campers in tent sites at night, and help guide them through their activities during the day. Activities include swimming, boating, fishing, archery, rifle range, hiking, survival skills, crafts and a high-ropes course for older campers. Operation Purple is a great way to be a positive role model and help kids build the skills they need to help get them through their tough times. To volunteer, or for more information, call 353-5962 or e-mail asymca.fbks@ak.net, or visit the Operation





Arctic Services

Crud tournament

A Red Flag Alaska crud tournament is set for 6 p.m. in the Sourdough Saloon, at the officers' lounge in the Aurora Club. Call 377-2051.

Free book with sign up

The community center is accepting registrations for their new book club. The first five to sign up will receive a free copy of the "The Da Vinci Code." Call 377-2642.

Community center

The community center houses a playland, family exercise room, game room, television lounge, conference room, video arcade, snack bar and computer lab. The center also offers various programs and special events for the entire family. Party rooms are also available. A photography club meets 6 p.m. Thursday nights at the community center. No reservations are needed. Call 377-2642.

SERVICES PROGRAMS

Editor's Note: For a list of other classes and programs, call 377-3268 or surf to www.eielsonservices.com. RSVP for classes. Outdoor recreation rents ski equipment, Ice fishing equipment and various other outdoor equipment. Call 377-1232.

Programs

Texas Hold 'em tournaments: 6-8 p.m. Tuesdays at the Yukon Club. Call 377-1075.

Deployed bowling for family members: 5-7 p.m. Fridays at Arctic Nite Lanes. Call 377-1129.

Trap shoot: 5-9 p.m. Tuesdays at the skeet and trap range. Instruction, ammunition and loaner guns are available. Call 377-5338.

FitFactor weekly events: 2:30 p.m. Fridays at the youth center.

Thrifty Tuesdays: \$1 specials on bowling and food, 5-8 p.m. at Arctic Nite Lanes.

Skeet league: Log 50 targets per week. Any adult, active-duty member, family member, civilian or retiree may join the league. Call 377-5338.

Chess club: 5:30 p.m. Thursdays at the community

center. Call 377-2642. **Spades tournament:** 8 p.m. Fridays at the Yuko

Spades tournament: 8 p.m. Fridays at the Yukon Club.

Bowling instruction: Available at Arctic Nite Lanes. Call 377-1129.

Week to Week April 14 - April 21

Today

❖Bunny Hop Family Bingo is slated for 5:30 p.m. in the community center. Call 377-2642.

❖ Appointments for introductory auto care are available at auto skills. Learn to perform self-inspections to include fluid levels, belts and filters. Bring your own car. Call 377-1168.

Saturday

❖A children's annual Easter Eggstravaganza takes place at the community center. There will be children's activities and the Easter bunny will visit. Egg hunts take place at 1 p.m. for children from infant to age 2; 2 p.m. for

3-5 year olds and 3 p.m. for children age 6-8. Call 377-2642.

Sunday

❖ The club will offer an expanded menu 9 a.m. to 2 p.m. for Easter Holiday Brunch at the Yukon Club. Call 377-2228.

❖Outdoor recreation offices will be closed until April 20 during their move to Bear Lake for the Spring-Summer season. Equipment checkout will be available at the Bear Lake location beginning April 21. Call 377-1328.

Wednesday

❖ A Red Flag social and kick-

off mixer is slated for 6 p.m. at the Yukon Club. There will be beverage specials and bar games. Call 377-0031.

An introductory and refresher trap shooting lesson takes place 5 p.m. at the skeet and trap range at Iceman Falls. Call 377-1328 or 37-SKEET.

Thursday

❖ An open house takes place 6-7:30 p.m. at the Child Development Center. Staff will be celebrating the month of the Military Child with cake, balloons and a visit from the 354th Services Squadron mascot, Mukluk Moose. All community members are welcome to drop by for a tour.

EIELSON'S MOVIE REEL

All movies show at 7 p.m. at the base theater unless otherwise noted.

Tonight: MADEA'S FAMILY REUNION An unstoppable force of nature, southern matriarch Madea has to organize her family reunion despite family issues. Rated PG-13 (thematic material, domestic violence, sex/drug references) 99 min.

Saturday: 16 BLOCKS

A troubled NYPD officer is forced to take a happy, but down-on-his-luck witness 16 blocks from the police station to 100 Centre Street, although no one wants the duo to make it. Rated PG-13 (violence, action, language) 105 min.

Sunday: RUNNING SCARED

Two 10-year-old boys get their hands on a mob gun with which a cop was shot. Rated R (violence, language, sexuality, drug content) 124 min.

Thursday: Madea's Family Reunion





Airman 1st Class Justin weaver

Lunch time

Two Seasons Dining Facility worker Yolanda Young gives Staff Sgt. James Davison, 354th Operations Support Squadron, change for his lunch Wednesday at the dining facility. The Two Seasons Dining Facility is open 5:30-8:30 a.m., 11 a.m. to 1 p.m. and 4-7 p.m. Monday-Friday and 7-8:30 a.m., 10:30 a.m. to 1:30 p.m. and 3-5:30 p.m. Saturday and Sunday. The Airmen's Center, located inside the dining facility is open 24 hours a day for single Airmen.

Access Eielson

Editor's Note: Access Eielson is the central source for all base helping agencies. All activities take place at the family support center unless otherwise noted. For a list of other classes and programs call 377-2178 or go to www.eielson. af.mil.

Upcoming Events

A Hearts Apart Monthly Social and Sledding Party, 6-8 p.m. today at Iceman Falls. Interviewing Tips, 9-10:30 a.m. Tuesday. Alaska State Job Application Process,

9-10:30 a.m. Wednesday.

Pre-Separation Briefing, noon to 4 p.m.

Thursday.

Great Expectations, noon to 4 p.m. Thursday.

Ongoing Programs

Deployment Briefings: Every Tuesday and Thursday, single Airmen at 9 a.m. and 3 p.m. and married Airmen at 9:30 a.m. and 3:30 p.m. Spouses are encouraged to attend.

Ready, Set, Grow Playgroup: 10–11:30 a.m. every Tuesday at the community center.

Smooth Move: 9–11:30 a.m. every Wednesday

Polar Stroller Rollers: 11 a.m. to 1 p.m. every Wednesday at the youth center gym.

"What activity/event would you like to see on base?"



"More events for single Airmen like Hip Hop night and multi-player tournaments like Halo."



"A tanning facility with nail salon and spa. It's hard to always go into town, especially during the winter."



"More activities geared toward children. Dance or gymnastics classes would be great."



"I would love indoor paintball or laser tag!"



"A children's skateboard competition during the summer. An indoor skate park would be nice."

Airman 1st Class Renton Wagemaker, 354th Security Forces Squadron Chistia Thompson, AAFES employeer

Jamie Bridges

Steven Billa

Lisa Camphues, DGR cleaner

ARCTIC FEATURE

USProtect ensures Iceman Team remains safe, secure



Photos by Airman 1st Class Justin Weaver

USProtect security officer Antionne Stevenson checks the identification of a driver entering Eielson's front gate. USProtect security guards work around the clock to provide critical front-line security for base personnel, residents and assets in the absence of 354th Security Forces Squadron members deployed around the globe.



by Airman Nora Anton 354th Fighter Wing Public Affairs

Eielson residents and base visitors curious about the change in front gate security needn't worry about their safety.

In fact, the substitute guard staff Eielson has employed in the absence of base security forces members is quite familiar with the heightened security requirements at military installations worldwide and tailors its approach to mirror the DoD.

Hursey Gate security guards, employed by USProtect, work around the clock to provide critical front-line security for base personnel, residents and assets in the absence of 354th Security Forces Squadron members deployed around the globe.

"The primary reason for utilizing contract guards is for a force-protection multiplier," said Wayne Harger, USProtect chief of guards captain. "We strive to provide superior security and detection capabilities to ensure Eielson remains a safe and secure community while maintaining 100 percent customer satisfaction."

Mr. Harger served for 21 years in Air Force Security Forces, retiring as a Master Sgt. in October 2004. He has worked as an on-site commander for the USProtect guard force for two years, spending a year of that time at Vandenberg AFB, Calif., and the remainder here.

"They are doing a great job," said Major Roy Godfrey, 354th SFS commander.

Taking into account the spectrum of contingencies that 354th SFS members are supporting, and the subsequent strain on manpower, USProtect's service is extremely valued, he added.

The military's primary reason for utilizing contract guards is to provide continuity and stability while allowing security forces personnel to focus, train and deploy to perform their primary wartime tasks, Mr. Harger said.

USProtect ensures Eielson's security by controlling vehicular and pedestrian traffic entering and exiting the installation, conducting random vehicle inspections and executing various anti-terrorism measures.

The guards are required to undergo 40 hours of detailed training, supplemented by on-the-job training provided by the 354th SFS. Mr. Harger said the 354th SFS Quality Control Section certifies each guard through an extensive evaluation process to ensure they are competent in their duties.

"In addition," said Mr. Harger, "All guards are required to be state-certified security guards and are required to meet both state and Air Force requirements."

USProtect's dress and appearance. weight and fitness standards are basically the same as the active-duty Air Force's standards, he said. There are various measures taken by the contracted guards to maintain a professional appearance and give a good first impression to visitors of the base.

Lieutenant Richard Tuiletufuga, day shift supervisor for Hursey Gate, has helped keep Eielson safe for the past two years and continues to uphold the strong professional relationship between USProtect, SFS personnel and base residents.

"I truly enjoy the interaction and friendships I've built with the good people of the Eielson Community," he said. "Being retired Army, I like that I still get to serve my country."